Community Psychology Practice PROMOTING COMMUNITY PRACTICE FOR SOCIAL BENEFIT

Pathways to Justice Project: Lesson Plan

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Volume 15, Issue 1 May 2024

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Overview

LGBTQ people are at higher risk of experiencing poverty. This video was developed using the findings of a study that sought to better understand the causes (family socioeconomic status, support systems, societal stigma, etc.) and effects (mental and physical health, access to resources, continued poverty, etc.) of living with a low income and how that intersects with sexual and gender minority statuses. A mixed methods approach was used to gain a more complete picture and to identify some of the complexities and parallels of various subgroups (e.g., POC, White, transgender, cisgender, women, nonbinary people, and men). For more details on the methodology, please go to the project website: https://pathways-study.org/.

Estimated Time: 30-60 minutes per activity depending on group size.

Target Audience: Ages 16+

Settings: Highschool, college, and community-based programs for teens and adults.

Materials: Pathways video; Internet access; note-taking materials, art supplies as needed.

Objectives

- a. Provide information on the experiences of LGBTQ adults negotiating economic insecurity.
- Inspire conversation about the potential causes and factors of LGBTQ poverty.

Example Activities

- 1. Watch the Pathways video. Discuss class answers to questions, such as:
 - a. What aspect of this video was most memorable to you and why?
 - b. What similarities and differences did you notice among the stories shared?

- c. What pathways to poverty/barriers to financial security did you identify?
- d. In this context, what pathways/barriers are structural versus situational?
- e. What are some examples of interventions that may reduce poverty?
- f. How are social statuses relevant to the experiences shared in these quotes? With regard to sexuality, gender, racial, immigrant, disability, etc.?
- Read the Executive Summaries of <u>LGBT</u>
 <u>Poverty in the United States</u>
 (quantitative) and <u>Pathways into Poverty</u>
 (qualitative). Discuss the following questions:
 - a. What aspect of these data stood out to you and why?
 - b. What similarities and differences did you find between the Pathways video and qualitative study and the survey data presented in the report?
 - c. What role does anonymity play in gathering data on people who are

Volume 15, Issue 1 May 2024

- experiencing poverty or who identify as LGBTQ?
- d. What are some of the strengths for and challenges to what we can learn about LGBT poverty using the different methodologies from the two reports?
- e. What are the pros and cons of both forms of disseminating data?
- f. Who are the intended audiences for each type of research reporting and what might the impact be?
- 3. Draw a diagram (Venn or flowchart, for example) showing the associations, relationships, and any factors that connect poverty and LGBTQ identities.
- 4. Respond to what you've learned by experimenting with a creative medium of your choosing. For example, a short essay, a drawing, photography, a comic or zine, poetry, etc. Present this to the group.

Extension Activities

- Research organizations locally and in your state or nationally that are focusing on these issues or one's that provide a direct service to help alleviate poverty among LGBTQ people.
- 2. Volunteer or attend a meeting that's open to the public at one of these organizations and learn more about what they do and how they do it.
- 3. What current legislation is in progress in your local government or what issues are being discussed by your city council that could have an effect on this issue?

Other Resources

Williams Institute Publications

- Williams Institute Data Interactive
- LGBT Poverty in the US
- State Profiles of LGBT Poverty in the United States
- Pathways into Poverty
- Homelessness among LGBT adults in the US
 "We're Still Hungry": Lived
 Experiences with Food Insecurity and Food Programs Among LGBTQ
 People
- Federal student loan debt among LGBT people
- <u>LGBT inclusion and economic</u> development
- Credit and Debt among LGBT people
- Also, see:_Carpenter CS, Eppink ST, Gonzales G. Transgender Status, Gender Identity, and Socioeconomic Outcomes in the United States. ILR Review. 2020;73(3):573-599. doi:10.1177/0019793920902776

Government publications

- National Academies of Sciences, Engineering, and Medicine (NASEM) <u>Understanding the Well-being of</u> LGBTOI+ Populations
- U.S. Census Bureau
 New Household Pulse Survey Data

 Reveals Differences between LGBT and Non-LGBT Respondents During
 COVID-19 Pandemic
- Substance Abuse and Mental Health Services Administration (SAMHSA) <u>Affordable Care Act enrollment</u> assistance for LGBT communities

Advocacy Organization publications

- Center for American Progress (CAP)
 The American Rescue Plan Act will significantly address LGBTO poverty
- National Center for Lesbian Rights (NCLR)
 Supporting Low-Income LGBTQ
 People During the Coronavirus
 Pandemic

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Volume 15, Issue 1 May 2024

• Movement Advancement Project (MAP)

Anti-LGBT Laws Drive Significantly Higher Rates of Poverty for LGBT People